















February 2020

Monday	Tuesday	Wednesday	Thursday	Friday
SPV – Red Bell Pepper Strips 3 Sweet & Sour Popcorn Chicken with Brown Rice Or- Roast Beef Sandwich  Or-Yogurt & Cheese Stick with Assorted WG Bread Oriental Vegetables Pineapple Tidbits Fortune Cookie	4 Chicken Fried Steak w/Gravy w/Assorted WG Bread  Or- Southwest Chicken Salad with Assorted WG Bread Or-Yogurt & Cheese Stick with Assorted WG Bread Mashed Potatoes and Gravy Crisp Apple	5 Cheesy Enchilada Casserole with Frito Topping and Assorted WG Bread Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with Assorted WG Bread Seasoned Black Beans Chilled Peaches	6 Grilled Seasoned Chicken Breast on a Bun with Lettuce & Tomato Or- Tuna Salad on 9 Grain Or- Yogurt & Sunflower Seeds with a WG Soft Pretzel Romaine Salad with Croutons Strawberries	7 Pancakes & Sausage Links  Or- Sunshine Chicken Salad Or-Yogurt & Cheese Stick with Assorted WG Bread Sweet Potato Fries Blueberries
SPV – Baby Carrots 10 Corn Dog (Chicken) Or- Italian Hoagie  Or-Yogurt & Cheese Stick with a WG Soft Pretzel Glazed Carrots Cinnamon Applesauce	New Item! 11 White Chicken Chili with Assorted WG Bread Or- Crispy Chicken Salad with Assorted WG Bread Or-Yogurt & Cheese Stick with Assorted WG Bread Corn Mixed Fruit	12 Pizza Hut Pizza Or- Antipasto Pasta Salad  Or-Yogurt & Cheese Stick with Fresh Broccoli Raisins	New Item! 13 Meat & Cheese Baked Rotini with WG Garlic Bread  Or- Hummus, Flatbread and Fresh Veggies Or-Yogurt & Sunflower Seeds with WG Garlic Bread Iceberg Salad Chilled Pears	♥ Valentine's Day 14 Charming BBQ Chicken Leg with Assorted WG Bread Or- Superfood Salad with Assorted WG Bread Or-Yogurt & Cheese Stick with Assorted WG Bread  Be Mine Baked Beans Sweetheart Strawberries Valentine's Day Treat
SPV – Grape Tomatoes 17  Westside No School Cheesy Filled WG Breadsticks with Pizza Sauce Or-Yogurt & Cheese Stick with a WG Soft Pretzel Romaine Salad with Croutons Tropical Fruit	18 Cheeseburger on a Bun  Or- Turkey Custer Sandwich  Or-Yogurt & Cheese Stick with a WG Soft Pretzel Cowboy Beans Chilled Peaches	19 Warm Turkey Bacon Cheese Croissant  Or- Cottage Cheese & Fruit with Assorted WG Bread Or-Yogurt & Cheese Stick with Assorted WG Bread Crunchy Carrot Sticks Fresh Banana	20 Tot-Chos with Beef & Cheese with Assorted WG Bread  Or- Southwest Chicken Wrap Or-Yogurt & Sunflower Seeds with Assorted WG Bread Tater Tots Crisp Apple	21 Chicken Pot Pie with a Fluffy Biscuit Or- Beef Taco Salad with a Fluffy Biscuit Or-Yogurt & Cheese Stick with a Fluffy Biscuit Seasoned Green Beans Chilled Pears
SPV – Red Bell Pepper Strips 24 Sausage & Cheese Biscuit Sandwich  Or- Turkey & Cheese Hoagie Or-Yogurt & Cheese Stick with Assorted WG Bread Sweet Potato Tots Chilled Peaches	Mardi Gras 25 Jazz'd Chicken w/Brown Rice Or- Salami, Cheese & Crackers with a Nutrigrain Bar  Or-Yogurt & Cheese Stick with Assorted WG Bread "Louisiana" Seasoned Red Beans Fresh Banana Beignets (Donut Holes)	Levi Strauss' Birthday 26 Pizza Hut Pizza Or- Turkey BLT  Or-Yogurt & Cheese Stick with Assorted WG Bread Spinach Salad with Raspberry Dressing Blueberries 	27 Chicken Nuggets with a WG Ciabatta Roll Or- Chef Salad with a WG Ciabatta Roll  Or-Yogurt & Sunflower Seeds with a WG Ciabatta Roll Mixed Vegetables Applesauce	28 Macaroni & Cheese with a WG Soft Pretzel Or- Buffalo Chicken Wrap Or-Yogurt & Cheese Stick with a WG Soft Pretzel Garden Peas Mixed Fruit

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change.  Denotes PORK in main entrée.  Denotes BEEF in product
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