

November 2021

Monday	Tuesday	Wednesday	Thursday	Friday
SPV – Grape Tomatoes 1 French Toast Sticks with a Sausage Patty Or- Asian Chicken Wrap Or- Yogurt & Cheese Stick with Assorted WG Bread Glazed Carrots Mandarin Oranges	2 Crispy Chicken Sandwich on a WG Bun Or- Italian Hoagie   Or- Yogurt & Cheese Stick with a WG Soft Pretzel Edamame Chilled Peaches	3 Pizza Hut Pizza with Assorted WG Bread Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with Assorted WG Bread Iceberg Salad Chilled Pears	4 Big Ol' Meatball with WG Garlic Toast  Or- Turkey & Cheese Hoagie Or-Yogurt & Sunflower Seeds with WG Garlic Toast Tater Tots Fresh Apple	5 Herb Chicken with Bow Tie Pasta and a WG Ciabatta Roll Or- Crispy Chicken Wrap Or- Yogurt & Cheese Stick with a WG Ciabatta Roll Steamed Broccoli Strawberries
SPV – Baby Carrots 8 NO SCHOOL	9 Corn Dog on a Stick (chicken) Or-Roast Beef & Cheese Hoagie  Or- Yogurt & Cheese Stick with a WG Soft Pretzel Jazz'd Crinkle French Fries Mixed Fruit	10 Chicken Pot Pie with a WG Biscuit Or- Sunbutter & Jelly with a Cheese Stick Or- Yogurt & Cheese Stick with a WG Biscuit Steamed Carrots Banana	 Veterans Day 11 Chicken Fried Steak Sandwich on a WG Bun  Or- Chicken Bacon Ranch Wrap  Or- Yogurt & Sunflower Seeds w/a WG Soft Pretzel Romaine Salad with Croutons Orange Wedges	12 Crispy Beef Tacos with a Lettuce & Cheese Cup  Or- Chicken Caesar Wrap Or- Yogurt & Cheese Stick with Assorted WG Bread Seasoned Black Beans Cinnamon Applesauce
SPV – Grape Tomatoes 15 Smokehouse BBQ Chicken Sandwich w/Bacon & Cheese  Or- Hummus with Sunchips Or- Yogurt & Cheese Stick with Assorted WG Bread Baked Beans Tropical Fruit	16 Grilled Cheese Sandwich Or- Beef Taco Wrap  Or- Yogurt & Cheese Stick with Assorted WG Bread Celery Sticks Chilled Pears	17 Pizza Hut Pizza with Assorted WG Bread Or- Turkey BLT  Or- Yogurt & Cheese Stick With Assorted WG Bread Romaine Salad with Croutons Chilled Peaches	Thanksgiving Meal 18 Roasted Turkey with Gravy and a WG Ciabatta Roll Or- Yogurt & Sunflower Seeds w/a WG Ciabatta Roll Mashed Potatoes with Gravy Apple Crisp Vanilla Ice Cream	19 Sausage & Cheese Croissant Or- Buffalo Chicken Wrap Or- Yogurt & Cheese Stick with Assorted WG Bread Sweet Potato Fries Strawberries
SPV-Baby Carrots / Grape Tomatoes 22 Popcorn Chicken w/a WG Biscuit Or-Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with a WG Biscuit Golden Corn Mixed Fruit	23 Breaded Mozzarella Cheese Sticks w/Pizza Sauce Or-Ham & Cheese Hoagie  Or- Yogurt & Cheese Stick with Assorted WG Bread Steamed Carrots Applesauce	24 NO SCHOOL	25 NO SCHOOL <i>Happy Thanksgiving</i>	26 NO SCHOOL
SPV – Baby Carrots 29 NO SCHOOL	30 Meatball Sub with Mozzarella Cheese   Or- Tuna Salad Croissant Or- Yogurt & Cheese Stick with Assorted WG Bread Sweet Potato Wedges Chilled Peaches	1 Pizza Hut Pizza with Assorted WG Bread Or- Asian Chicken Wrap Or- Yogurt & Cheese Stick with Assorted WG Bread Romaine Salad with Croutons Chilled Pears	2 Cheeseburger on a WG Bun  Or- Southwest Chicken Wrap Or-Yogurt & Sunflower Seeds with Assorted WG Bread Crinkle French Fries Craisins	3 Macaroni & Cheese with a WG Soft Pretzel Or- Roast Beef & Cheese Hoagie  Or- Yogurt & Cheese Stick with a WG Soft Pretzel Seasoned Green Beans Strawberries

