















October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
SPV – Grape Tomatoes 4 Sausage Cheese Croissant Or- Buffalo Chicken Wrap Or- Yogurt & Cheese Stick with Assorted WG Bread Glazed Carrots Mandarin Oranges	5 Crispy Chicken Sandwich on a WG Bun Or- Italian Hoagie   Or- Yogurt & Cheese Stick with a WG Soft Pretzel Golden Corn Chilled Peaches	6 Pizza Hut Pizza with Assorted WG Bread Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with Assorted WG Bread Fresh Broccoli Craisins	7 Soft Shell Chicken Taco with a Lettuce & Cheese Cup Or- Cottage Cheese with Assorted WG Bread Or- Yogurt & Sunflower Seeds with Assorted WG Bread Chili Beans Tropical Fruit	8 Baked Rotini Pasta with Meat Sauce and a WG Ciabatta Roll  Or- Chicken, Bacon, Ranch Wrap  Or- Yogurt & Cheese Stick with a WG Ciabatta Roll Iceberg Salad Fresh Apple
National School Lunch Week October 11th - 15th				
SPV – Baby Carrots 11 NO SCHOOL	12 Macaroni & Cheese with a WG Soft Pretzel Or- Roast Beef & Cheese Hoagie  Or- Yogurt & Cheese Stick with a WG Soft Pretzel Garden Peas Strawberries	13 Popcorn Chicken with a WG Biscuit Or- Chicken Caesar Wrap Or- Yogurt & Cheese Stick a WG Biscuit Mixed Vegetables Banana	14 Meatball Sub with Mozzarella Cheese   Or- Asian Chicken Wrap Or- Yogurt & Sunflower Seeds with Assorted WG Bread Romaine Salad with Croutons Raisins	15 Grilled Cheese Sandwich Or- Sunbutter & Jelly Sandwich with a Cheese Stick Or- Yogurt & Cheese Stick with Assorted WG Bread Grape Tomatoes Pineapple Tidbits
SPV – Grape Tomatoes 18 Cheesy Nachos Or- Italian Hoagie   Or- Yogurt & Cheese Stick with Assorted WG Bread Ranch Beans Tropical Fruit	19 Crispy Chicken Waffle Sandwich Or- Chicken, Bacon, Ranch Wrap  Or- Yogurt & Cheese Stick with WG Waffles Cinnamon Breakfast Yams Chilled Pears	20 Pizza Hut Pizza with Assorted WG Bread Or- Turkey BLT  Or- Yogurt & Cheese Stick with Assorted WG Bread Iceberg Salad Chilled Peaches	21 BBQ Pulled Pork on a Bun  Or- Cottage Cheese with a WG Soft Pretzel Or- Yogurt & Sunflower Seeds with a WG Soft Pretzel French Fries Cinnamon Applesauce	22 Chicken Alfredo with WG Penne Pasta and WG Garlic Toast Or- Crispy Chicken Wrap Or- Yogurt & Cheese Stick with WG Garlic Toast Broccoli Mandarin Oranges
SPV – Baby Carrots 25 Breaded Mozzarella Cheese Sticks with Pizza Sauce Or- Ham & Cheese Hoagie  Or- Yogurt & Cheese Stick with Assorted WG Bread Seasoned Green Beans Chilled Peaches	26 Roasted Chicken Leg with a WG Ciabatta Roll Or- Tuna Salad Croissant Or- Yogurt & Cheese Stick with a WG Ciabatta Roll Sweet Potato Wedges Pineapple Tidbits	27 Cheeseburger on a WG Bun  Or- Southwest Chicken Wrap Or- Yogurt & Cheese Stick with Assorted WG Bread Baked Beans Banana	28 NO SCHOOL	29 NO SCHOOL

This Institution is an equal Opportunity provider.