



Omaha Elks Lodge #0039

HOOP SHOOT CONTEST

Date: 01/14/2018

Location: Ralston Middle School

8202 Lakeview Street, Ralston, NE

Time: 1:00 PM

HOOP SHOOT contest is broken into age groups (8-13) and gender. Winner in each category is best of 25 free throw attempts.

Tip: BEEF

BALANCE: Shooter's dominant foot slightly in front of the other foot.

ELBOW: Directly above dominant knee at 90 degrees and elevated above shoulder.

EYES: Focused on one target (spot), either the front or back of the rim. Always use that same spot.

FOLLOW THROUGH: As the ball rolls off your fingers, finish with your wrist down as if you were reaching for cookies in the jar on a high shelf.





ELKS NATIONAL HOOP SHOOT • 2017-18 REGISTRATION FORM

Please complete this form and return it to your Lodge Hoop Shoot Director.

IMPORTANT: Contestants may participate in one Lodge contest ONLY.

Sponsoring Elks Lodge Omaha (96th & Harrison), 6410 S. 96th No. 39

Contestant's Name _____ Date of Birth _____

Address _____ City _____ State _____ Zip _____

Contestant's School _____

Home Phone _____

Parent Email _____

<input type="checkbox"/>	BOY	<input type="checkbox"/>	GIRL
Please circle the correct age that the contestant will be on April 1, 2018.			
	8	9	10
	11	12	13

Allergies? <input type="checkbox"/> YES <input type="checkbox"/> NO
If yes, please describe: _____

T-SHIRT SIZE (CIRCLE ONE)	YOUTH M • YOUTH L • ADULT S
	ADULT M • ADULT L • ADULT XL

Below, list the name(s) of the contestant's parent(s) or guardian(s) who will accompany him/her to each Hoop Shoot contest or who should be contacted in case of an emergency.

Name _____	Relationship _____	Email _____	Cell Phone _____
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Name _____	Relationship _____	Email _____	Cell Phone _____
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As the parent and/or legal guardian of the above-mentioned contestant, I hereby request and permit his/her participation in the Elks National Hoop Shoot Free Throw Contest. I assert that the information provided above is correct and true to the best of my knowledge. I may be asked to provide verification of the contestant's date of birth. If unable to provide proper verification, I understand the contestant may be disqualified. I understand that participation in the Elks National Hoop Shoot is at the risk of the contestant and his/her family. I hereby release the Benevolent and Protective Order of Elks USA (BPOE) and the Elks National Foundation, Inc., from any and all claims, demands, liabilities, obligations, damages, costs, expenses, loss of service and actions arising from any act or incident to the contestant's participation or mine in connection therewith. I give consent and authorize the BPOE and the Elks National Foundation, Inc., to use and reproduce the contestant's name and/or likeness to circulate the same for any and all purposes reasonably related to the conduct and promotion of the Elks National Hoop Shoot contests.

Parent/Guardian _____ Signature _____ Date _____

Parent/Guardian _____ Signature _____ Date _____

HOOP SHOOT DIRECTORS ONLY

LODGE DIRECTOR COMPLETE THIS SECTION

Name (Please print) _____	Score _____/25 Tiebreaker Score(s) _____/5 _____/5 _____/5
Phone _____ Email _____	Contestant's age verified: <input type="checkbox"/> Yes <input type="checkbox"/> No
Signature _____ Date _____	

DISTRICT DIRECTOR COMPLETE THIS SECTION

Name (Please print) _____	Score _____/25 Tiebreaker Score(s) _____/5 _____/5 _____/5
Phone _____ Email _____	
Signature _____ Date _____	

STATE DIRECTOR COMPLETE THIS SECTION

Name (Please print) _____	Score _____/25 Tiebreaker Score(s) _____/5 _____/5 _____/5
Phone _____ Email _____	
Signature _____ Date _____	

REGIONAL DIRECTOR COMPLETE THIS SECTION

Name (Please print) _____	Score _____/25 Tiebreaker Score(s) _____/5 _____/5 _____/5
Phone _____ Email _____	
Signature _____ Date _____	