



September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
SPV – Red Bell Pepper Strips 9 Colby Cheese Omelette with a WG Long John Donut Or- Salami, Cheese & Crackers with a Nutrigrain Bar Or- Yogurt & Cheese Stick with WG Long John Donut Sweet Potato Waffle Fries Mixed Fruit Cocktail	10 Popcorn Chicken Bowl with Cheddar Cheese & Assorted WG Bread Or- Turkey Custer Sandwich Or- Yogurt & Cheese Stick with Assorted WG Bread Mashed Potatoes & Gravy Watermelon Farm to School	Patriot Day 11 Sloppy Joe on a Bun Or- Asian Chicken Salad with Assorted WG Bread Or- Yogurt & Cheese Stick with Assorted WG Bread Baked Beans Fresh Strawberries	12 Chicken Alfredo with Penne Pasta & WG Garlic Bread Or- Hummus, Flatbread and Fresh Veggies Or- Yogurt & Cheese Stick with WG Garlic Bread Romaine Salad with Croutons Muskmelon Farm to School	New Item! 13 Chicken Lettuce Wrap w/Cucumber Ranch Dressing with Assorted WG Bread Or- Ham & Cheese Hoagie Or- Yogurt & Cheese Stick with Assorted WG Bread Crispy Cucumbers Fresh Apple Farm to School Candy Cookie
SPV – Baby Carrots 16 Sweet & Sour Popcorn Chicken with Brown Rice Or- Roast Beef Sandwich Or- Yogurt & Cheese Stick with Assorted WG Bread Steamed Broccoli Mandarin Oranges Fortune Cookie	17 Breaded Chicken Parmesan Sandwich with Marinara Or- Beef Taco Salad with a WG Soft Pretzel Or- Yogurt & Cheese Stick a WG Soft Pretzel Green Peas Watermelon Farm to School	18 Pizza Hut Pizza Or- Antipasto Pasta Salad Or- Yogurt & Cheese Stick with a WG Soft Pretzel Iceberg Lettuce Salad Chilled Pears	Talk Like a Pirate Day! 19 New Item! Jamaican BBQ Pulled Pork Sandwich Or- Southwest Chicken Salad with Assorted WG Bread Or- Yogurt & Cheese Stick with Assorted WG Bread Seasoned Sweet Potato Fries Muskmelon Farm to School Pirate Bootie White Cheddar Snack	20 Cheesy Enchilada Casserole w/Frito Topping with Assorted WG Bread Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with Assorted WG Bread Chili Beans Fresh Apple Farm to School
SPV – Grape Tomatoes 23 First Day of Autumn Corn Dog Or- Italian Hoagie Or- Yogurt & Cheese Stick with Assorted WG Bread Cowboy Beans Chilled Peaches	24 Meatball Sub with Mozzarella Cheese Or- Cottage Cheese & Fruit with a WG Soft Pretzel Or- Yogurt & Cheese Stick with a WG Soft Pretzel Seasoned Green Beans Watermelon Farm to School	25 Cheeseburger on a Bun Or- Crispy Chicken Salad with Assorted WG Bread Or- Yogurt & Cheese Stick with Assorted WG Bread Jazz'd French Fries Fresh Banana	Johnny Appleseed Day 26 Chicken Nuggets with a WG Soft Pretzel Or- Turkey BLT Or- Yogurt & Cheese Stick with a WG Soft Pretzel Glazed Carrots Fresh Apple with Caramel Farm to School	27 Macaroni & Cheese with WG Garlic Bread Or- Buffalo Chicken Wrap Or- Yogurt & Cheese Stick with WG Garlic Bread Romaine Spinach Salad Muskmelon Farm to School
SPV – Red Bell Pepper Strips 30 Sausage & Cheese Biscuit Sandwich Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with a Fluffy Biscuit Sweet Potato Tots Blueberries	1 BBQ Chicken Legs with Assorted WG Bread Or- Chef Salad with Assorted WG Bread Or- Yogurt & Cheese Stick with Assorted WG Bread Baked Beans Watermelon Farm to School	2 Pizza Hut Pizza Or- Tuna Salad on 9 Grain Or- Yogurt & Cheese Stick with Assorted WG Bread Fresh Broccoli Chilled Pears	3 Turkey and Gravy with a Ciabatta Roll Or- Southwest Chicken Wrap Or- Yogurt & Cheese Stick with a Ciabatta Roll Mashed Potatoes Muskmelon Farm to School	4 Crispy Beef Tacos with a Lettuce & Cheese Cup Or- Sunshine Chicken Salad with Assorted WG Bread Or- Yogurt & Cheese Stick with Assorted WG Bread Crispy Cucumbers Fresh Apple Farm to School Sugar Cookie

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change. Denotes PORK in main entrée. Denotes BEEF in product

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